

We hope everyone has had a great summer. The seniors in Pittstown have had a very busy summer.

We meet the first Wednesday of the month March-December. Meetings begin at 11:45am with a covered dish luncheon and business meeting follows.

Quite often there is a guest speaker before each business meeting. The subjects vary. From learning about the Underground Railroad in our area and how it worked to Bullying and Abuse of Seniors.

Several seniors were not aware of these programs or options available for them and have since made use of the information they gained. We are always looking for speakers. Topic does not have to be about programs for seniors. Topic can be entertaining or informative about historical events.

If you have something you would love to share with us please call our President Sylvia Ward at 518-478-3338 or give your information to any member you know.

We are in the process of planning more events for the fall. Our membership has grown because we are such an active group.

We have a special trip coming up in June of 2020. A fantastic trip to Lancaster, PA. Some of the events and activities are seeing a production at the Sight and Sound Theater. This one is about Queen Ester. Also going to an artist's gallery and watching the artist tell a story while drawing it in chalk on a large paper.

Of course fantastic meals and opportunity for SHOPPING.

Save the date of June 9-11, 2020. Price is awesome at only \$389.00 per person. This price is for 2 people per room. If you are looking for a room by yourself the cost is higher. However, if you are looking to go and don't have a roommate we quite often can put people together so don't let this hold you back. A \$25 deposit by March 1, 2020 will hold your spot. If you would like to go please contact Sylvia Ward at 518-478-3338 as soon as possible. Seats fill up quickly.

As you can tell your seniors are very busy.

An active senior is a healthy senior.

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